

YWCA GETTYSBURG & ADAMS COUNTY

YWCA MISSION

The YWCA Gettysburg & Adams County is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

POSITION

Water Fitness Instructor

POSITION OVERVIEW

Under the supervision of the Aquatics Director, the Water Fitness Instructor is responsible for conducting regularly scheduled water fitness classes. The Water Fitness Instructor will ensure the safety of participants at all times by communicating the risk of any fitness program to participants and preventing injuries by minimizing or eliminating hazardous situations or behaviors. The Water Fitness Instructor will also perform other duties as necessary or required.

SUMMARY OF QUALIFICATIONS

- High School Diploma or equivalent
- Previous experience leading or participating in water fitness programs for a minimum of 1 year
- Water Fitness Instructor certification preferred but not necessary
- Excellent writing, listening and verbal communication skills
- Proficient in interacting with people of various ages from diverse backgrounds

JOB DUTIES

1. Must supervise water fitness classes and ensure that rules, policies, guidelines, and safety procedures are followed.
2. Must show respect and courtesy to all YWCA staff, members, and others using YWCA facilities.
3. Must facilitate and execute quality water fitness programs.
4. Must prevent injuries by communicating the risk of any fitness program to participants.
5. Must assist lifeguards with aquatic and medical emergencies as able, including administration of CPR/AED/First Aid.
6. Must help maintain a clean and organized aquatics facility.
7. Must inspect water fitness equipment and report any unsafe conditions or broken equipment to the Aquatics Director.
8. Must submit attendance sheets to the Aquatics Director on a monthly basis.
9. Must participate in training events as needed.
10. Must maintain a positive and encouraging attitude.
11. Must maintain a fitness level (strength and endurance) appropriate for program instructing.
12. Must maintain any certifications held at the time of employment.
13. Must arrive at least 5 minutes before class is scheduled to begin.
14. Must strive for class participation. If classes have less than 2 participants, you are expected to create and execute a plan to improve your class participation. The Aquatics Director reserves the right to cancel or remove a class due to lack of participation.

- 15. Must communicate with the Aquatics Director regarding any class notifications and cancellations.
- 16. Must perform other duties as assigned.

*Any violation of any item listed may result in a corrective action up to and including termination from employment *

I have read and understand the above job description and what is expected of me and the mission of the YWCA of Gettysburg and Adams County.

Employee Printed Name

Date

Employee Signature

Date