

# The pool & spa schedule for the week of **September 19-25, 2022**

## Monday

**Lap Swim:** 6 am-1 pm & 3-6 pm

**Water Fitness Classes:** 10:30-11:30 am & 11:30-12 pm

**Open/Family Swim:** 6-10:30 am & 12-1 pm

**Swimming Lessons:** 6-7:30 pm

**Sharks Preseason:** 6-8 pm

**POOL & SPA CLOSED FROM 1-3 PM & 5:30-8:45 PM**

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## Tuesday

**Lap Swim:** 6 am-3 pm & 6 pm-8:45 pm

**Water Fitness Classes:** 8:30-9:30 am & 9:40-10:40 am

**Masters Swimming:** 4:30-6 pm

**Sharks Preseason:** 6-8 pm

**Open/Family Swim:** 6-8:30 am & 10:45 am-3 pm & 8-8:45 pm

**POOL & SPA CLOSED FROM 3-6 PM**

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## Wednesday

**Lap Swim:** 6 am-6 pm & 8-8:45 pm

**Water Fitness:** 10:30-11:30 am & 11:30-12 pm & 5-6 pm

**Open/Family Swim:** 6-10:30 am & 12-6 pm & 8-8:45 pm

**Swimming Lessons:** 6-7:30 pm

**Sharks Preseason:** 6-8 pm

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## Thursday

**Lap Swim:** 6 am-12:30 pm

**Water Fitness Classes:** 8:30-9:30 am & 9:40-10:40 am

**Open/Family Swim:** 6 am-8:30 am & 10:45-12:30 pm

**Masters Swimming:** 4:30-6 pm

**Sharks Preseason:** 6-8 pm

**POOL & SPA CLOSED FROM 12:30-8:45 PM**

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## Friday

**Lap Swim:** 6 am-12 pm & 3-8:45 pm

**Water Fitness Classes:** 10:30-11:30 am & 11:30-12 pm

**Open/Family Swim:** 6-10:30 am & 3-5 pm & 6:30-8:45 pm

**Sharks Preseason:** 5-6:30 pm

**POOL & SPA CLOSED FROM 12-3 PM**

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## Saturday & Sunday

**Lap Swim:** 8 am-5:45 pm

**Water Fitness Classes:** Saturday, 9-10 am

**Open/Family Swim**

**Saturday:** 8-9 am & 10-5:45 pm

**Sunday:** 8 am-5:45 pm

**Thank you for your patience!**