

## What's Happening at YWCA Gettysburg & Adams County



A walk through the YWCA reflects the diversity of our community and the welcoming environment of this organization! From the time the doors open early in the morning through closing time, the community flows through the facilities. Over the last six weeks, Board President Lyne Aurand has continued to oversee Programs at the YW, while Board Member Carrie Soliday oversees Operational functions. This month, we wanted to share some information with you and gather your input. You'll find participation links throughout this newsletter and we hope you will take a few minutes to tell us what you think.

### Does my insurance pay for my membership?

Many have asked, *how do health insurance-based memberships work?* That's a great question.



Currently, the YWCA partners with three insurance-based membership organizations to open the YWCA facilities and some classes to insurance-based members. In exchange, the insurance-based provider reimburses the YWCA for a pre-determined number of times the member uses the YWCA in a particular month. YWCA members have to swipe in with their YWCA card for the YWCA Membership Director to claim the reimbursements. Next month we will build on this understanding by adding information about the number of insurance-based members using the YW and the number of members who use the YW facilities with a traditional membership. The YWCA strives to keep membership and program fees down while generating enough revenue to maintain the facilities, pay the salary and benefits of

staff, and continue to offer community wellness opportunities aligned with our mission of *Empowering Women, Eliminating Racism*, and promoting peace, justice, freedom, and dignity for all.

Here are some examples of reimbursements

Insurance Reimbursement Provider	Reimbursement amount per swipe	Max # swipes reimbursed per month	Total possible reimbursement to they YWCA per month	Number of days member can possibly use the YWCA facilities per month
<b>ASH (American Speciality)</b>				
Active & Fit Basic	\$3.00	10	\$30	Everyday the YW is open
Silver & Fit Basic	\$3.00	10	\$30	Everyday the YW is open
Silver & Fit Full	\$3.00	12	\$36	Everyday the YW is open
<b>Healthy Contributions (Optum)</b>				
Renew Active	\$20	1	\$20	Everyday the YW is open
<b>Tivity</b>				
Healthways				
Silver Sneakers	\$2.50	10	\$25	Everyday the YW is open
Prime Fitness	\$3.50	10	\$35	Everyday the YW is open
<b>YWCA Memberships Fees</b>			<b>Per Month Fee</b>	
Junior			\$36	Everyday the YW is open
Adult 18-59			\$48	Everyday the YW is open
Family			\$72	Everyday the YW is open
Single Parent Family			\$62	Everyday the YW is open
Senior 60+			\$41	Everyday the YW is open
Senior Couple			\$61	Everyday the YW is open



**We'd sure like to know what you think.**

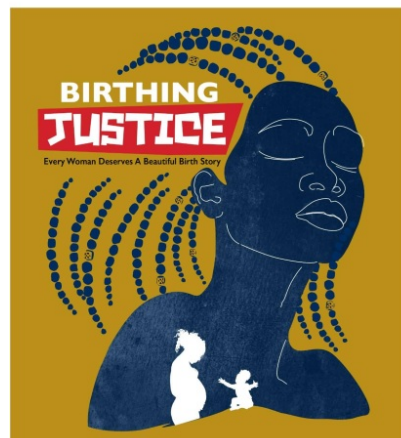
As we look ahead to meeting our community's needs, we think member input is vitally important on three key topics.

Read more about them and weigh in, [right here](#).

**Spring is Advocacy season.**

There will be a special Birthing Justice discussion on April 13, the Second Annual Living Library (much-acclaimed last year), the annual CROP walk, a very special Echoes From The Past presentation, YWCA USA's Racial Justice Challenge, and so much more—all proudly under the YWCA Gettysburg & Adams County Advocacy banner.

[Please take a look at our full spring schedule!](#)



## A Spirit(ed) Run!

Reminder: Registration is open for The Spirit of Gettysburg Virtual 5K.

Gather your family and friends to make a plan to run the race virtually. Racers will download an app and use the app to show they completed a 5K route of their choosing. All participants who run/walk 5k and submit their time, through the app before the close of "race day" will receive a commemorative t-shirt. Race day is June 22, 2024.

Get into The Spirit!



## Tennis Time!

It's a YWCA tradition! The 22nd Annual Tennis Tournament is just over a month away! Learn more and register with the button below, register at the front desk, or [download a registration form and brochure here.](#)

Get signed up!



## Shark Smiles

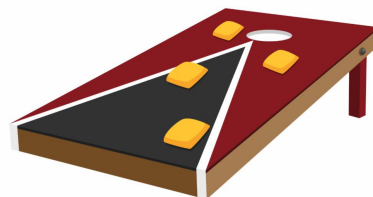
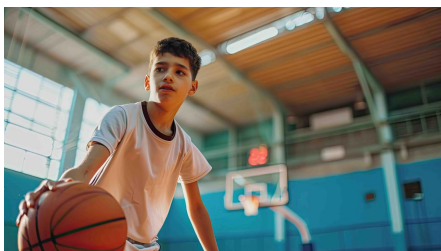
Members of the Shark Swim Team competed in a national-level invitational; The Sunkissed Junior/Senior Swimming Championships was held in Charlotte, NC, March 21-24. Over 15 teams from multiple states gathered to swim in this prelims/finals championship.

Swimmers met minimum qualifying times to be eligible to participate and could swim in up to seven individual events. The Sharks had five swimmers qualify to swim at the meet - Morgan Bishop, Makenna Brainard, Brake Kimple, Samantha Lawler, and Zoe Stagg. While Bishop and Brainard were unable to attend, Kimple, Lawler, and Stagg swam multiple events. GETY Sharks head coach Megan Maslowski was on deck to coach the swimmers throughout the four-day competition.

The GETY Sharks will have a break for a few weeks before the summer season begins in mid-April. Information about the summer season, team tryouts, practice groups, USA Swimming, and more are found on the YWCA website or by [contacting Beth Raub](#), Aquatic Director and Sharks Developmental Coach.

*Photo credit: Brienna Richelle Photography*

## New programs for youth are on the horizon





Registration is now open for *Basketball Skill Development*, with Adams County Sports Hall of Famer, owner of Twitch Athletics, and YWCA Member, Lawrence Williams! The program is for 4th grade through College age on Tuesday and Thursday evenings as well as Saturdays at the YWCA. Scholarships are available from the WellSpan Inspire Youth Development Grant award to the YWCA.

[Click for more info and to register.](#)

Coming Soon! Youth Cornhole Classes with Larry Noel  
You may have seen Larry on the racquetball court practicing his expert cornhole pitching technique. He also spends time as a YWCA staff member in the fitness center and aquatic area. Larry will lead cornhole classes for youth in grades 4-6. The classes will be on Mondays and Wednesdays from May 6 through May 29 from 3:30 pm - 5:00 pm. A maximum of 8 can participate. More info soon!



## Childcare Update

Our Infant, Toddler, and School Age Rooms are fully enrolled and our Pre-K Counts Classes and Preschool Classes are being actively filled.

We have started enrollment for Summer Camp and will have an idea of how many spots will be available to the public in the next couple of weeks.

CEP is passionately planning Summer Camp including a couple of field trips.

Pre-K Counts will be going on 2 field trips in April to the Curious Playhouse and James Gettys Elementary School.

## Our continuing campaign

The YWCA Board of Directors Annual Sponsorship Campaign officially launched at the beginning of the month. The YWCA relies on membership and program fees, grants, and sponsorships to make the facilities and programs accessible to the community. The goal is the same as in past years -to raise 12% of the operating budget.

Leading the way with the first sponsorship, Crouse Electric made an in-kind donation of light fixtures, light switches, ceiling tiles, and more than 300 energy-efficient light bulbs & tubes. Their team put in many hours over several days to brighten up the YW. Thank you, Crouse Electric, for your becoming a Hallmark Sponsor!

Community Level Sponsorships were made by Adams County Nursery and

the McCallister/Pollack fund. Adams Electric Cooperative is committed to being a Mission Sponsor, while Dave Sites is committed to a Hallmark-level sponsorship. More than \$64,630 has been raised through the aforementioned sponsorships, donations by individuals, and a donation by the Gettysburg Beer Runners since January. In November, through the Adams County Community Foundation's Giving Spree, \$120,000 was given by 200 individual sponsors, with donations ranging from \$10 to thousands. These donations are a testament that Adams County values the YWCA mission, programs, and facilities. [Please consider making your donation during our spring sponsorship campaign.](#)



eliminating racism  
empowering women  
**ywca**

*YWCA Gettysburg & Adams County does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.*

Visit our Website

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